

LUNCH MENU **First Session** VVDC 2019

Monday	Tuesday	Wednesday	Thursday	Friday
<p>JULY 1</p> <p>Mac & Cheese Buttered Noodles Mixed Vegetables Salad Bar Fresh Fruit</p>	<p>2</p> <p>Chicken Fingers Corn Niblets Salad Bar Fresh Fruit</p>	<p>3</p> <p>Bagel :(Plain, butter, cream cheese, tuna, or egg salad) Plain Pasta with sauce Fresh Fruit Chips or Pretzels</p>	<p>4</p> <p>BBQ Hot Dogs & Hamburgers on Buns French Fries Watermelon Pickles Carrot Sticks</p>	<p>5</p> <p>Pizza Caesar salad Pineapple Soda</p>
<p>8</p> <p>Fish Sticks Fettucine Alfredo Mixed Vegetables Salad Bar Fresh Fruit</p>	<p>9</p> <p>Meatballs Orzo Peas Salad Bar Fresh Fruit</p>	<p>10</p> <p>Bagel (Plain, butter, cream cheese, tuna, or egg salad) Plain Pasta with sauce Fresh Fruit Chips or Pretzels</p>	<p>11</p> <p>BBQ Hot Dogs & Hamburgers on Buns French Fries Watermelon Pickles Carrot Sticks</p>	<p>12</p> <p>Pizza Caesar salad Peaches Soda</p>
<p>15</p> <p>Pizza Bagels Mozzarella Sticks Buttered Noodles Salad Bar Fresh Fruit</p>	<p>16</p> <p>Meat Tacos Rice & Beans Plain Pasta Salad Bar Fresh Fruit</p>	<p>17</p> <p>Bagel (Plain, butter, cream cheese, tuna, or egg salad) Plain Pasta with sauce Fresh Fruit Chips or Pretzels</p>	<p>18</p> <p>BBQ: Hot Dogs & Hamburgers on Buns French Fries Watermelon Pickles Carrot Sticks</p>	<p>19</p> <p>Pizza Caesar salad Mandarin Oranges Soda</p>
<p>22</p> <p>Baked Ziti Buttered Noodles Corn on the cob Salad Bar Fresh Fruit</p>	<p>23</p> <p>Chicken Lo Mein Fried Rice String Beans Salad Bar Fresh Fruit</p>	<p>24</p> <p>Bagel (Plain, butter, cream cheese, tuna, or egg salad) Plain Pasta with sauce Fresh Fruit Chips or Pretzels</p>	<p>25</p> <p>BBQ: Hot Dogs & Hamburgers on Buns French Fries Watermelon Pickles Carrot Sticks</p>	<p>26</p> <p>Pizza Caesar salad Fruit Salad Soda</p>
<p>**Hard-boiled egg substitute on a daily basis</p>	<p>**Bread and cream cheese/ jelly substitute on dairy days</p>	<p>**Water Bottles served daily</p>	<p>**Plain Pasta (with sauce on the side)—Daily Substitute</p>	<p>**Juice will be served on BBQ day</p>